

2018 August *Guess that Plant*



Alisma subcordatum Raf., Water Plantain

The August *Guess that Plant* is an emerged perennial found on muddy shores and shallow water. Water plantain is found in open marshes, vernal habitats and road side ditches. Mary Hough (1983) describes its distribution as Statewide outside the Pine Barrens. The plant is frequent on the tributaries of the Lower Delaware River, as well as in open wet vernal pools. Water plantain in the photo is growing through *Ludwigia palustris*.

Native Americans used water plantain as a skin aid, a gastrointestinal aid, as well as for sores, wounds, and bruises (Moerman, 1999)

JRA 8/2018